



ṣābrēss

Mediterranean & Moroccan Cuisine



SHABBAT CATERING MENU

- **Minimum order of 4 people or \$350.00**
- **5 people and up \$80.00 per person**
- **Order 1 week in advance**
- **Enough food for dinner and lunch**
- **Delivery in Jaco center free of charge**
- **Food pick up on Friday until 3:30 pm**
- **Includes challa bread, wine and Shabbat candles**
- **Delivery/around Costa Rica with extra cost**

APPETIZERS (Choose 1)

- Salmon fillet with herbs
- Morocca fish fillet (spicy optional)
- Fish fillets in lemon-garlic sauce
- Fish balls in tomatoe sauce
- Fish Arais
- Fish shawarma

MAIN DISHES (Choose 2)

- Oven cooked chichen legs in Mustard-Honey-Garlic Sauce
- Chicken legs in tomatoe sauce
- Shnitzel
- Meatballs with tomatoe sauce
- Roast beef with mashrooms and carrots
- Eggplant moussaka
- Magfrum
- Beef shawarma with onions and bell peppers

HOT SIDES (Choose 1)

- Salted mixed vegetables
- Oven cooked sweet potatoes
- Baked potatoes cous cous & vegetables(counts as two dishes)
- Green Beans with tomatoes
- Moroccan pie

- Chinese-style noodles
- Green beans and garlic and sesame
- Zuchinni in tomatoe sauce.
- Potatoe, carrots and eggs with mayo
- White cabbage and the bell pepers
- Tabouleh

SALADS (Choose 5)

- Green salafld with house dressing
- Israeli salad
- Hummus
- Tahini
- While cabbage with cranberries & nuts
- Red cabbage with mayonnaise
- Morroccan Eggplan
- Eggplant in mayonnaise
- Zucchini with Eggs and mayo
- Egg salad
- Beef salad
- Moroccon Carrots
- Matbuja
- Babaganush
- Bells pepers Turkish.

DESSERT (Choose 1)

- Chocolate babka
- chocolate brownie
- Malabi
- Mousse Halva
- Morrocan cigars

**10% service fee for the packages
and double wrapping the food.**

CONTACT US ON WHATSAPP

 **+506 85298969**

sabress
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BEBIDAS / DRINKS

Limonada Hibiscus.....	ø2.000
Smoothie de menta y limón / <i>Lemon mint smoothie</i>	ø2.000
Halva Smoothie tahini, banano, pasas, miel y leche de coco,.....	ø3.500
<i>Coconut milk , banana, dates, tahini, honey</i>	
Smoothie de frutas-	ø2.000
<i>Fresas, banano, mango, papaya, melón, sandía, maracuya, piña / Fruit smoothie- Strawberry, banana, mango, papaya, melon, watermelon, passion fruit, pineapple</i>	
Smoothie con leche de coco / jugo de naranja.....	ø2.500
Agua / Water.....	ø1.000
Gaseosas / Soft drinks.....	ø1.700
Coca, light, zero, Fanta, Fresca, soda, ginger ale, te frio	
Cola,light, zero, Fanta, Fresca, soda, ginger ale, ice tea	
Cerveza nacional / <i>National beer</i>	ø1.700
Imperial, imperial light, Pilsen	
Corona • Modelo.....	ø2.500

COCTELES/ COCKTAILS ø4.000

Vodka Hibiscus
Frozen Margarita • Frozen Daiquiri
Frozen Mojito • Caipirina



VINO/ WINE

Botella de Vino Chileno/ <i>Chilean Wine Bottle</i>	ø21,000
Copa de la Casa/ <i>Glass of House Wine</i>	ø7,000
Vino Blanco/ <i>White Wine: Chardonay y Sauvignon Blanc</i>	
Vino Tinto / <i>Red Wine: Cabernet Sauvignon, Merlot, Malbec</i>	

Precios no incluyen 10% is. / Prices not includes 10% service tax

SABABA MIX

2 PAX ₡28.000

- 4 bolas de falafel / 4 falafel balls
- 4 kabab res / 4 beef kebab
- 6 dedos de schnitzel
- 6 shnitzel finger
- Shawarma
- Ensalada Israelf / Israeli Salad
- Hummus
- Papas fritas / Fries
- 2 pan pita / 2 Pita Bread

4 PAX ₡54.000

- 8 bolas de falafel / 8 falafel balls
- 6 kabab res / 6 beef kebab
- 12 dedos de schnitzel
- 12 shnitzel finger
- Shawarma
- Ensalada Israelf / Israeli Salad
- Hummus
- Papas fritas / Fries
- 4 pan pita / 4 Pita Bread



VEGAN FESTIVAL

2 PAX ₡18.000

- 10 bolas de falafel / 10 falafel balls
- Ensalada Israelf / Israeli Salad
- Tabouleh
- Hummus – tahini
- Dolma
- Babaganush
- Papas fritas / Fries
- 2 pan pita / 2 Pita Bread
- Matbuja

4 PAX ₡35.000

- 16 bolas de falafel / 16 falafel balls
- Ensalada Israelf / Israeli Salad
- Tabouleh
- Hummus – tahini
- 8 Dolma
- Dolma
- Babaganush
- Papas fritas / Fries
- 4 pan pita / 4 Pita Bread
- Berenja a la parrilla / Grilled eggplant
- Matbuja

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SOMETHING TO START ALGO PARA EMPEZAR



Cigarro Marroquí picante/Spicy Moroccan beef cigar	ø7.000
Dolma	ø4.500
<i>Hojas de uva rellenas/Stuffed grape leaves</i>	
6/12 Bolitas de falafel con tahini/	ø3.000/ø5.000
<i>6/12 Falafel balls with tahini</i>	
Cigaros de pescado Mediterraneo / Mediterranean fish cigars	ø7,000
Ensalada Babaganush + pita - Babaganush Salad	ø4.000
Berenjena entera a la parrilla	ø5.500
<i>Con tahini y semillas de garbanzo y pan pita</i>	
Whole Grilled eggplant with tahini and chickpea seeds & pita bread	
Ensalada Israeli	ø5.500
<i>Tomate, pepino, repollo blanco y rojo, cebolla, perejil, lechuga, sasonado con aceite de olive y limón. Tomato, cucumber, white and red cabbage, onion, parsley, lettuce, seasoned with olive oil and lemon</i>	
Tabouleh	ø5.000
<i>Cebolla, perejil, menta, tomate y arándanos</i>	
<i>Green onion, parsley, yerba buena, tomatoe, cranberry</i>	
Ensalada Verde	ø5.000
<i>Lechuga, tomate, zanahoria, perejil, cebollín, arándanos y nueces</i>	
<i>Lettuce, tomato, carrot, parsley, chives, blueberry and nuts</i>	
Ensalada quinoa Mediterraneo/Fatush salad	ø6,500
Matbujha Picante con pita/ Spicy Matbujha with pita	ø2.500
Papas fritas/Friespeq/small. ø3.000.....grand./bigl.....	ø5.500
Shawarma pescado con pita crunch./Fish Shawarma with pita crunch	ø6,500
Lchmajun./Sabress style	ø7,000



PLATOS HUMMUS / HUMMUS PLATES:

<i>Servido con 2 pan pita / Served with 2 pita bread</i>	Hasta/ti'II: 5:45pm
Hummus	ø5.500
Hummus tahini/	ø6.000
Hummus falafel/Hummus con falafel	ø6.500
Hummus Sabich (huevo duro, tahini, garbanzos y berenjena frita)	ø6.500
Hummus con hongos/Hummus mushrooms	ø6.500
Hummus con Shakshukah Hummus Shakshukah	ø7.000
Hummus con Shawarma/Hummus Shawarma	ø7.000

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PLATOS VEGANOS/ VEGAN PLATES:

Sabress

Hummus, tahini, 6 bolas de falafel, papas fritas, ensalada ¢7.500
 Israeli, pan pita. *Hummus, tahini, 6 falafel balls, fries, Israeli salad and pita bread*

Mediterráneo / Mediterranean

Babaganush, Taboule, 6 bolas falafel, ¢8.000
 hummus. papas fritas y pan pita

Babaganush, taboule, hummus, 6 falafel balls, fries and pita bread

SHAKSHUKA Hasta/ti'Il: 5:45pm

Hot Shakshukah..... ¢7.000

2 huevos cocinados en salsa de tomate. Servidos con hummus, ensalada

Israeli y 2 pan pita, 2 eggs cooked in tomato sauce.

Served with hummus, Israeli salad and 2 pita bread

Smoky Shakshukah..... ¢7.500

2 huevos cocinados en salsa de tomate y berengena asada.

Servidos con hummus, ensalada Israeli y 2 pan pita

2 eggs cooked in tomato sauce and grilled eggplant

Served with hummus, Israeli salad and 2 pita bread

PITA SANDWICHES Hasta/ti'Il: 5:45pm

Sabic/ *Sabich*..... ¢5.500

Pan pita, relleno con hummus, tahini, berenjena frita, huevo hervido, ensalada israelí y pepinillos + papas fritas.

Pita bread filled with hummus, tahini, fried eggplants, boiled egg, salad and pickles + fries

Sandwich de Abuela con schnitzel/ Albondigas picante

Safta Sandwich with schnitzel/meatballs spicy ¢7,500

Falafel pita..... ¢5.500

relleno con hummus, tahini, bolas de falafel y ensalada, servido con papas fritas

Filled with hummus, tahini, falafel balls and Israeli salad, served with French fries

Kebab carne/ *Beef Kabab* • Kebab Pescado/ *Fish Kabab*..... ¢7.500

relleno con hummus, tahini y ensalada Israeli, servido con papas fritas

Filled with hummus, tahini and Israeli salad, served with French fries

Arais carne o pescado / *Fish or beef Arais*..... ¢9.000

A la plancha & servido con ensalada verde, tahini y papas fritas

Grilled & served with green salad and tahini & fries

Schnitzel / Shawarma pollo / Shawarma pescado + papas fritas..... ¢7.500

Schnitzel / Chicken Shawarma/ Fish Shawarma

A su gusto, relleno con hummus, tahini, y ensalada israelí. Servida con papas fritas

Of your choice filled with hummus, tahini, and Israeli salad. Served with French fries

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PLATOS FUERTES / MAIN DISHES

Hummus + Ensalada Israelí + Papas Fritas / Arroz con lentejas /
Arroz tanzia / Cucus con Tanzania
*Hummus + israelí salad + fries / mejadra / Rice with tanzia / cous cous
with Tanzania*

Kebab Pescado / Fish Kebab.....	ø9.000
Kebab de Res / Beef Kebab.....	ø9.000
Shnitzel	ø9.000
Shawarma Pescado o pollo / Fish or chicken Shawarma.....	ø9.000
Shawarla Muslo / Chicken Shawarma.....	ø9.000
Bistec: Tiras de bisteck salteados con cebolla y chile.....	ø12.500
<i>Stir-fried steak strips with onions and bell peppers SPICY</i>	
Musaka de res y berenjena / Eggplant beef musaka	ø9,000
Fillet Salmon en Hierbas / Fillet Salmon in herbs	ø12,500

PLATOS CUCUS / COUS COUS DISHES

Servido con ensalada Israelí / *Served with Israeli salad*

Fillet o Torta de pescado en salsa picante marroquí <i>Fish fillet, balls in moroccan spicy sauce.....</i>	ø10.000
Albondias en salsa de tomate..... <i>Meat balls in tomatoe sauce</i>	ø9.000



HAMBURGUESAS / BURGERS

Hamburguesa schnitzel / <i>Schnitzel burger.....</i>	ø9.000
<i>Pan artesanal con tomate, lechuga y pepinillos, servidos con papas fritas y ensalada caleslaw. Homemade bun, tomato, lettuce and pickles served with French frieze and coleslaw salad</i>	
Hamburguesa de carne (160 gr) <i>Meat burger (160 gr).....</i>	ø10.000
Double Burguer - <i>Hamburguesa Doble</i>	ø13.000
Shredded meat - <i>Carne mechada</i>	ø12.500

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PITA MIX

Mix falafel+Shawarma muslo/pescado	¢7.000
Mix Falafel+ Schnitazel	¢7.000
Mix Falafel+ Kebab res/ pescado	¢7.000

MENÚ NIÑOS / KIDS MENU

Dedos de schnitzel/ <i>Schnitzel fingers</i>	¢7.000
Con papas fritas / <i>with french fries</i>	
Spaghetti en salsa de tomate, con albondigas.....	¢6.000 / ¢8.500
<i>Spaghetti or spaghetti with meat balls in a tomatoe sauce</i>	
Spaghetti & Schnitzel - <i>Schnitzel y pasta</i>	¢9.000

POSTRES / DESSERT

Halva mouse/ <i>Passion fruit mouse</i>	¢4.000
Malabi	¢4.000
Flan de leche de coco y agua de rosa. Servido con mani, coco rayado y sirope de rosa. <i>Israeli flan made of coconut milk and rose water. Served with peanuts, shredded coconut and rose syrup</i>	
Chocolate Brownie.....	¢5.000
<i>Brownie de chocolate</i>	
Cigarro Marroquí/ <i>Moroccan Cigar</i>	¢5.000
Rellenos de almendras y coco/ <i>Filled with almonds & coconut.</i>	

BEBIDAS CALIENTES / HOT DRINKS

Café Israeli/ <i>Israeli Coffee</i>	¢2.000
Café Tico/ <i>Tico Coffee</i>	¢1.500
Té con hierbabuena/ <i>Mint Tea</i>	¢1.500



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