



sābrēss

Mediterranean & Moroccan Cuisine





SHABBAT CATERING MENU



- Minimum order of 4 people or \$350.00
- 5 people and up \$80.00 per person
- Order 1 week in advance
- Enough food for dinner and lunch
- Delivery in Jaco center free of charge
- Food pick up on Friday until 3:30 pm
- Includes challa bread, wine and Shabbat candles
- Delivery/around Costa Rica with extra cost

APPETIZERS (Choose 1)

- Salmon fillet with herbs
- Moroccan fish fillet (spicy optional)
- Fish fillets in lemon-garlic sauce
- Fish balls in tomato sauce
- Fish Arais
- Fish shawarma

MAIN DISHES (Choose 2)

- Oven cooked chicken legs in Mustard-Honey-Garlic Sauce
- Chicken legs in tomato sauce
- Schnitzel
- Meatballs in tomato sauce
- Roast beef with mushrooms and carrots
- Eggplant moussaka
- Mafrum
- Beef shawarma with onions and bell peppers

HOT SIDES (Choose 3)

- Salted mixed vegetables
- Oven cooked sweet potatoes

- Quinoa with Vegetables
- Baked potatoes, cous-cous & vegetables (counts as two dishes)
- Green Beans with tomatoes
- Moroccan pie
- Chinese-style noodles
- Green beans and garlic and sesame

SALADS (Choose 5)

- Green salad with house dressing
- Israeli salad
- Hummus
- Tahini
- White cabbage with cranberries & nuts
- Red cabbage with mayonnaise
- Moroccan Eggplant
- Eggplant in mayonnaise
- Zucchini with Eggs and mayo
- Egg salad
- Beef salad
- Moroccan Carrots
- Matbuja
- Babaganush
- Turkish.
- Tabouleh
- Bell Peppers
- Potato Mayo

DESSERT (Choose 1)

- Chocolate babka
- chocolate brownie
- Malabi
- Mousse Halva
- Moroccan cigars

Ti'Il: 5:45pm

10% service fee for the packages and double wrapping the food.

CONTACT US ON WHATSAPP

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DRINKS

Hibiscus lemonade.....	ø2.500
Lemon mint smoothie.....	ø2.200
Halva Smoothie	ø3.500
<i>Coconut milk , banana, dates, tahini, honey</i>	
Fruit Smoothie	ø2.500
<i>Melon, watermelon, passion fruit, pineapple, strawberry, papaya and banana</i>	
Smoothie with coconut milk.....	ø3.000
Water.....	ø1.500
Soft drinks.....	ø1.700
<i>Cola,light, zero, Fanta, Fresca, soda, ginger ale, ice tea</i>	
National beer.....	ø1.700
<i>Imperial, imperial light, Pilsen</i>	
Corona • Modelo.....	ø2.700

COCKTAILS ø5.000

Vodka Hibiscus
 Frozen Margarita • Frozen Daiquiri
 Frozen Mojito • Caipirina



WINE

Chilean Wine Bottle.....	ø21,000
Glass of House Wine.....	ø7,000
White Wine: Chardonay y Sauvignon Blanc	
Red Wine: Cabernet Sauvignon, Merlot, Malbec	

Sharing is caring

SABABA MIX

For 2 ø30.000

- 4 falafer balls
- 4 beef kebab
- 6 shnitzel finger
- Shawarma
- Israeli Salad
- Hummus
- Fries
- 2 Pita Bread

For 4 ø58.000

- 8 falafel balls
- 6 beef kebab
- 12 shnitzel finger
- Shawarma
- Israeli Salad
- Hummus
- Fries
- 4 Pita Bread



VEGAN FESTIVAL

For 2 ø20.000

- 10 falafer balls
- Israeli Salad
- Tabouleh
- Hummus - tahini
- Dolma
- Babaganush
- Fries
- 2 Pita Bread
- Matbuja

For 4 ø38.000

- 16 falafer balls
- Israeli Salad
- Tabouleh
- Hummus - tahini
- 8 Dolma
- Dolma
- Babaganush
- Fries
- 4 Pita Bread
- Grilled eggplant
- Matbuja

Prices not includes 10% service tax

APPETIZERS

Moroccan soup	ø4,000
Moroccan beef cigar, mediteranea fish cigar	ø7.000
Dolma	ø5.000
6/12 Falafel balls with tahini.....	ø3.500/ø6.000
Mediterranean fish cigars.....	ø7.000
Whole Grilled eggplant	ø5.500
<i>With tahini and chickpea seeds & pita bread</i>	
Fries	small...ø3.000 big..... ø5.500
Fish Shawarma with pita crunch.....	ø7.000
Lchmajun Sabress style.....	ø7.000



SALADS

Israeli	ø6.500
<i>Tomato, cucumber, white and red cabbage, onion, parsley, lettuce, seasoned with olive oil and lemon</i>	
Tabouleh.....	ø6.000
<i>Green onion, parsley, mint, tomatoe, cranberry</i>	
Green.....	ø6.000
<i>Lettuce, tomato, carrot, parsley, chives, blueberry and nuts</i>	
Babaganush +1 pita.....	ø4.000
5 assorted salad mix	ø7.000
Fatush	ø7.500
Protein: Egg w/chickpea seeds.....	ø7.000
Falafel & eggplant	ø7.500
Chicken w/chickpea seeds	ø10.000

HUMMUS PLATES

Served with 2 pita bread

*Only lunch
Till: 5:45pm*

Small Hummus +1pita	ø3.500
Hummus	ø5.500
Hummus tahini.....	ø6.000
Hummus falafel.....	ø6.500
Hummus sabich	ø6.500
<i>Egg, tahini, chickpea seeds, eggplant</i>	
Hummus shakshukah	ø7.000
Hummus shawarma.....	ø8.000

VEGAN PLATES

6 falafel balls, french fries, hummus, 2 pita

Sabress	ø8.000
<i>Israeli, salad and tahini</i>	
Mediterranean	ø8.500
<i>Babaganush, Taboule</i>	

SHAKSHUKA

Only lunch
Till: 5:45pm

2 Eggs, hummus, 2 pita, israeli salad

Hot Shakshukah.....	ø8.000
Eggplant Shakshukah.....	ø9.000

PITA SANDWICHES


Only lunch
Till: 5:45pm

Served with hummus, israeli salad, tahini and french fries

Sabich.....	ø6.500
<i>Fried eggplants, boiled egg.</i>	
Falafel pita	ø6.500
<i>Falafel balls</i>	
Beef Kabab /Fish Kabab.....	ø8.000
Schnitzel / Pargiot / Chicken breast / Fish Shawarma	ø8.500
Mix falafel+ pargiot	ø8.000
Mix falafel+ schnitzel	ø8.000
Mix falafel+ beef kebab	ø8.000

MAIN DISHES

Pick 2 sides: rice with lentils, rosmary potatoes, vegetables
stir-fry, French fries, Israeli salad

Fish Kebab.....	ø10.000
Beef Kebab.....	ø10.000
Shnitzel.....	ø11.000
Chichen breast.....	ø11.000
Fish Shawarma.....	ø10.000
Pargiot.....	ø11.000
Shawarma Tofu	ø10.000
Oven cooked chicken.....	ø10.000
Stir-fried steak strips with onions and bell peppers SPICY.....	ø13.000 
Salmon in herbs	ø13.000
T-bone 400gr	ø25.000



Prices not includes 10% service tax

COUS COUS DISHES

Served with Israeli salad

Meat balls in tomatoe sauce..... ø 10.000

The dish is dedicated to the memory of Noa Zander, 22 and a half years old, from Rishon Lezion.

Noa loved life and lived it to the fullest. She dedicated her life to giving and contributing to others, loved and respected every person for who they were, and that is her legacy.

After completing her compulsory military service, Noa went on her big trip and stayed with us, where she fell in love with the couscous and cactus fruit meatball dish.

On October 7th 2023, Noa went to a party with her friends in Re'im, where she danced and spread her light until the rocket barrage began, and she rushed to hide in the nearby bomb shelter in Kibbutz Re'im.

At 7:55 AM, Hamas terrorists arrived and murdered her outside the shelter. Noa's light will shine forever.



Morrocan fish fillet.....	ø 10.000	
Morrocan fish balls.....	ø 10.000	
Eggplant beef musaka	ø 10,000	
Morrocan chicken and vegetables.....	ø 14.0t00	
Morrocan vegetables.....	ø9.000	



BURGERS

*Homemade bun, tomato, lettuce and pickles served
Served with french fries and cole slaw*

Beef (160 gr).....	ø 10.000
Double beef	ø 14.000
Schnitzel.....	ø 10.000

ARAIIS / CHALLA SANDWICH

Served with french fries and israeli salad

Beef Arais.....	ø 10.000
Fish Arais.....	ø 10.000
Challa meatballs, matbuja eggplant.....	ø 10.000
Challa schnitzel matbuja eggplant.....	ø 10.000

Prices not incudes 10% service tax

KIDS MENU

Schnitzel fingers	ø7.500
<i>With french fries</i>	
Spaghetti in tomato sauce	ø6.000
Spaghetti with meat balls in a tomatoe sauce.....	ø9.000
Spaghetti & schnitzel	ø10.000
Hot dog & fries	ø6.500

DESSERT

Vegan Malabi	ø4.000
<i>Israeli flan made of coconut milk and rose water. Served with peanuts, shredded coconut and rose syrup</i>	
Vegan Moroccan Cigar	ø4.000
<i>Filled with almonds & coconut.</i>	
Chocolate Brownie.....	ø4.000
Mango-Chia Puding	ø4.500



HOT DRINKS

Israeli Coffee.....	ø2.000
Tico Coffee.....	ø1.500
Mint Tea.....	ø1.500